

Post Care

COOLPEEL

Indications

Wrinkles, age spots, acne scars, tightening skin and balancing skin tone.

What to Expect:

- ▶ You should expect to feel a warm/sunburn sensation for a day or two.
- ▶ A thin layer of medical grade occlusive (Aquaphor) should be used on the treated area as directed by your healthcare professional.
- ▶ Keep the area hydrated at all times. The more moisture = the better the healing process will be. Do not let the skin dry out.

Avoid sun exposure, intense workouts and sweating

- ▶ Avoid touching or cleaning the area for 24 hours
- ▶ Skin should feel rough & gritty like sandpaper for 3-4 days post treatment but no extreme peeling like traditional treatments
- ▶ Do not allow your pet to lick your face.
- ▶ Avoid sun exposure or excessive heat for 48 hours. Use SPF 50 or higher sunscreen.

Anticipated Downtime:

- ▶ NONE! Nothing should prevent you from returning to your normal daily activities.

Recommended Skin Care

- ▶ Let your skin breathe for the first 4-6 hours after treatment, then apply medical grade occlusive that night. (Aquaphor)
- ▶ Discontinue use of all retinols for 2 weeks.
- ▶ Cleanse "GENTLY" after 24 hours following treatment using a foaming cleanser.

* A cool misting spray or jade roller may be used for comfort, if needed

AfterCare

- ▶ Skin Care Recommendations
- ▶ Medical Grade occlusive, next 48 hours. Morning/ Night/As needed (Aquaphor)
- ▶ Gentle cleanser 24 hours after treatment, ongoing for next two weeks
- ▶ Exfoliate: 5-7 days after CoolPeel treatment

Makeup:

- ▶ Can be applied gently 24-48 hours post treatment Such as a tinted moisturizer or a tinted sunscreen