

Post Care

DEEP CO2

Indications

Wrinkles, age spots, acne scars, tightening skin and balancing skin tone.

What to Expect:

- ▶ You should expect to feel a warm/sunburn sensation for one to three days.
- ▶ Skin may be red for 3 - 5 days, longer for more aggressive treatments.
- ▶ A thin layer of medical grade occlusive (Aquaphor) should be used on the treated area as directed by your healthcare professional.
- ▶ Keep the area hydrated at all times. The more moisture = the better the healing process will be. Do not let the skin dry out.

Avoid sun exposure, intense workouts and sweating

- ▶ Avoid touching or cleaning the area on day of treatment
- ▶ Change your pillowcase daily and as needed for the first 7 days post treatment
- ▶ Skin should feel rough & gritty like sandpaper for 5 to 7 days post treatment. Skin may flake or peel
- ▶ Avoid sun exposure or excessive heat for two weeks post treatment. Avoid excessive sun for up to two months.
- ▶ Do not allow pets to lick the treated area

Anticipated Downtime:

- ▶ 5-7 days.

Recommended Skin Care

- ▶ Let your skin breathe for the first 4-6 hours after treatment, then apply medical grade occlusive that night. (Aquaphor)
- ▶ Starting 24 hours following treatment, AM/PM: Using fingertips, GENTLY cleanse with a foaming cleanser. Pat dry, do not wipe. Reapply occlusive ointment and postcare products immediately following cleansing.
- ▶ Soak the area with a mil vinegar solution 3-4 times per day for 5-10 minutes. For 1 Cup: 1 Tbsp distilled white vinegar to 1 cup water. Store mixture and non-woven gauze in clean container or bag in refrigerator to aid in cooling effect. Discard used gauze, do not reuse.
- ▶ A cool misting spray may be used for comfort, if needed. Do not apply ice to the treated area.

AfterCare:

- ▶ Skin Care Recommendations
- ▶ Medical Grade occlusive until micro scabs are healed. Morning/Night/As Needed
- ▶ Gentle cleanser 24 hours after treatment, ongoing for next two weeks

Makeup:

- ▶ Can be applied gently when micro scabs have resolved, such as a tinted moisturizer or a tinted sunscreen, or mineral based makeup.