

Post Care

EMATRIX

- ▶ Immediately after the treatment your skin should feel like a deep sunburn. You should expect erythema and edema to the treated area. This will subside within a day or two.
- ▶ Post-Treatment cooling is not necessary, but in the event of discomfort you may apply cold ice pack or cool air.
- ▶ Tiny pin point scabs will appear 24-72 hours post-treatment and may remain for 3-7 days following. The scabs should not be touched, itched or exfoliated they will naturally shed off when ready.
- ▶ During the next 48 hours post-treatment you should avoid working out, hot showers, massages, sun exposure, etc. The skin should be kept clean to avoid contamination or infection while it is healing.
- ▶ Women – Do not apply any makeup to your skin for 12 hours after treatment while your skin is healing. You may start applying emollient creams to alleviate any dry, tight or itchy sensations while your skin is healing.
Treatments vary depending on skin conditions but typical protocol is between 4-6 sessions and every 4-6 weeks between sessions.
- ▶ Men – Do not shave for 1-2 days post-treatment while your skin is healing. You may start applying emollient creams to alleviate any dry, tight or itchy sensations while your skin is healing.
- ▶ After one day please apply a broad-spectrum of at least 30 SPF (we recommend 8-9% zinc oxide) and protect the treated area from sunlight for a month. Sun exposure may cause hyperpigmentation. Re-apply ever 2-3 hours as needed. Remember that clothing and hats do not give complete protection from UV Radiation.
- ▶ Sunscreen: _____
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