

Post Care

SKIN TIGHTENING

Typically clients may return to their normal activities after receiving a skin tightening treatment. Please follow the medical advice of the practitioner regarding the care of your skin.

- ▶ Wash skin with tepid water and a gentle cleanser
- ▶ If the skin is slightly pink or red in areas following the treatment, avoid hot water when washing or showering until the erythema (redness) has subsided
- ▶ Makeup, preferably mineral based, may be applied immediately post treatment
- ▶ Soothing creams or moisturizers may be used
- ▶ Use a medical grade sunscreen with an SPF of 30 or higher if going out in the sun to help prevent future sun damage