

Post Care

LASER TATTOO REMOVAL

- ▶ Immediately following treatment, there may be erythema (redness) and edema (swelling) at the treatment site. This typically lasts 2 hours or longer. The erythema may last up to 10 days. The treatment area may feel like a sunburn for a few hours after treatment, but it will subside.
- ▶ Apply ice as needed, on and off for the next 24 hours.
- ▶ Do not tan the area. Avoid sun exposure to avoid hypo-pigmentation or hyper-pigmentation. Please apply sunscreen to the area starting 24 hours after your treatment, even if it's covered with clothing. Sun will travel through your clothing. The use of sunscreen every day on the area will also help the ink absorb and help with itching. We recommend Elta sunscreens, as they are medical grade and will provide necessary protection.
- ▶ Some scabbing, light bleeding and itching may occur
- ▶ Do not pop blisters. If you do blister, apply Aquaphor until the blisters pop on their own.
- ▶ When bathing or showering, use lukewarm water for the first 24 hours and treat your skin gently.
- ▶ No heat, such as saunas, steam rooms, jacuzzies, extremely hot showers or strenuous activities. Avoid prolonged heat for a minimum of 24 hours post treatment.
- ▶ It takes 2 weeks for your body to absorb whatever amount of ink that has been broken up in this treatment.
- ▶ It will take multiple treatments before you begin to see a difference.
- ▶ If you have any changes in your health or medications, please let your laser technician know.
- ▶ Please call your primary care physician if an infection develops.
- ▶ Drink a lot of water

Remember – not all tattoos will clear 100%. Your tattoo may just fade. If you have questions regarding your tattoo removal process, please call National Laser Institute at 480-222-4640.