

Pre and Post Care

VIRTUE RF & LEGEND PRO

Pre-Care:

- ▶ Avoid Sun Exposure (1-2 weeks)
- ▶ Suspend Accutane (4-6 months)
- ▶ No Aspirin or blood thinners, including supplements (7-10 days)
- ▶ Confirmed No Exclusionary Criteria
- ▶ Discussed Considerations/Contraindications
- ▶ Patient History Review
- ▶ Consent Form
- ▶ Expectations/Lifestyle
- ▶ Photos

Post-Care:

- ▶ Apply Microcurrent Dual Facemask for comfort and best results
- ▶ Do not rub the area while bathing/avoid hot water (24 hours)
- ▶ No makeup on irritated area (24 hours)
- ▶ Use ointment /lotion on irritated/inflamed areas
- ▶ No sauna/hot yoga/extreme workout (48 hours)
- ▶ No exfoliant
- ▶ Sunblock of SPF 50 should be worn
- ▶ No tanning or sun exposure