

WOMEN HEALTHY BLOG

BLOG TO RESOURCES ABOUT WOMEN HEALTHY

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Lax Skin Without Surgery

Why do I say it's a time like no other? It's a time like no other because we live during a time when everybody is feeling the pressure to maintain healthy skin. Every day we are constantly bombarded with images from today's media filled with perfect faces and perfect bodies. Plus, it's the worst economic time that most of us can remember. These two issues make Titan, the infrared, non-surgical laser treatment, the best option available. Titan allows us to spend significantly less money than the cost of surgery, it allows peace of mind due to the fact that there is virtually no risk involved, and it works.

I always say, 'an ounce of prevention is worth a pound of correction.' With that being said, the best thing any of us can do is to have Titan done from time to time before the sagging begins, or at the very least, at the first sign of skin laxity. I'll tell you the same thing I tell my skin care clients... compare your skin to a house. Then imagine that Titan is a tool which ensures that the foundations will never crack thus giving you the peace of mind that you won't see cracks in the walls or experience other structural support problems for a very long time. We can take the hand of the clock and make sure it doesn't move forward very much or at all. I have witnessed this with my clients who are proactive age preventers. They look better than they did when we started many years ago. However, I do also have many clients who haven't been quite as proactive and now, of course, need correction. Titan can help tighten lax skin in varying degrees for everyone.

I am asked almost every day how much tightening one will get and how long it will last. The answer to both of those questions depends a great deal on your age and your lifestyle. There's no "life" to Titan as there is with fillers like Juvaderm or Botox. Titan will work better and last longer for those who avoid smoke, sun exposure, excessive alcohol and stress. The second question I'm always asked is if the treatment hurts. The answer is no. With all of that being said, there's no time like now to get started looking as good as the women we see on those magazines every time we're standing in the grocery store checkout lines. It's a Hollywood secret available to anyone at a very affordable price!

Kimberly Hutchinson began her skin care career at a leading aesthetic school, Christine Valmy in New York City. Upon graduation, Kimberly relocated to Los Angeles, California to be a part of the cutting edge of skin care. She continues her post graduate education at the International Dermal Institute where she stays informed on the latest skin care education and certifications. Kimberly has received a significant amount of training in laser technology and several other medical aesthetic treatments including certification from National Laser Institute and The Aesthetic Procedure Institute.